New England Fish & Lobster LLC

Re: Parasite Destruction – Fresh and Frozen Product

January 1, 2026

Dear Valued Customer,

Fresh and frozen seafood products purchased from **New England Fish & Lobster LLC** are managed in accordance with **U.S. FDA Seafood HACCP Guidance**.

According to FDA guidance, the risk of live parasites in seafood can be controlled in several ways:

1. Certain species are not considered at risk.
Many seafood species are listed by FDA HACCP guidance as not being at risk for parasites. The hazard is not likely to occur according to FDA. Examples include species such as haddock and mussels.

2. Proper cooking eliminates parasite hazards.
Fully cooking seafood either during processing or by the end user eliminates the risk of parasites. Products intended for raw consumption (such as sushi, sashimi, or ceviche) require additional parasite destruction controls in accordance with FDA guidelines unless it is explicitly stated in the product specification or label that the product is Ready-to-eat (RTE). All seafood products sold by **New England Fish & Lobster LLC** are intended to be fully cooked prior to consumption.

3. Farm-raised seafood controls.
Farm-raised seafood species are fed controlled commercial (pelleted feed) and are raised in environments that reduce the risk of parasites to an acceptable level by FDA HACCP standards.

4. Frozen products are stored at temperatures low enough and long enough to eliminate parasites.

- Frozen and stored at a temperature of -4 degrees F (-20 C) or below for a minimum of 7 days in a freezer; or
- Frozen at -31 degrees F (- 35 C) or below until solid and stored at -31 degrees (-35 C) or below for a minimum of 15 hours; or
- Frozen at -31 degrees F (-35 C) or below until solid and stored at -4 degrees (-20 C) or below for a minimum of 24 hours.

All New England Fish & Lobster LLC products meet at least one of these criteria.

If you have any questions regarding our seafood safety practices or HACCP compliance, please contact us.

Sincerely,

Chris Lick
Chief Executive Officer
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